SACRAMENTO COUNTY

SACRAMENTO COUNTY
PUBLIC HEALTH
Promote • Prevent • Protect

7001-A East Parkway, Suite 600A
Sacramento, CA 95823
Phone (916) 875-5881
Fax (916) 875-5888
www.scph.com

COVID-19 TRAVEL ADVISORY

Background:

COVID-19, also known as the novel coronavirus, is a respiratory illness that is spread through the air via respiratory droplets from an infected person or by touching contaminated surfaces.

Preventing the transmission of COVID-19 requires a combination of prevention measures including: physical distancing, wearing face coverings, sanitizing surfaces, and staying home when not feeling well. ***PLEASE NOTE: Physical distancing alone is insufficient to prevent transmission of COVID-19.***

Requirements may change. Please refer to the CA Department of Public Health Travel Advisory.

Recommendations:

The California Department of Public Health (CDPH) and the Centers for Disease Control (CDC) recommend delaying travel until persons are fully vaccinated because travel increases the chance of getting and spreading COVID-19. Traveling can increase community spread within and beyond California by the use of shared conveyances such as airplanes, buses, or train travel. The State is issuing the following recommendations:

- All travelers arriving or returning to California from other states or countries should follow the CDC Guidance for Domestic Travel during COVID-19.
- All travelers who test positive or develop symptoms of COVID-19 should isolate and follow public health recommendations.
- Travelers should follow CDC Guidance for when you've been fully vaccinated. Fully vaccinated travelers are less likely to get and spread COVID-19 and are not required to test or quarantine before or after travel unless they have symptoms of COVID-19.

Non-essential travel is travel that is considered tourism or recreational in nature. Unless fully vaccinated, non-essential travel outside of California or to other states or countries should be avoided. Non-essential travelers from other states or countries are strongly discouraged from entering California and should adhere to quarantine procedures (get tested 1-3 days before travel and tested again 3-5 days upon arrival. Persons should stay home and quarantine for a full 7 days after travel even if test is negative. Non-essential travelers who are not fully vaccinated and don't get tested should stay at home for 10 days quarantine after travel. **Essential travel** is travel associated with the operation, maintenance, or usage of critical infrastructure or otherwise required or expressly authorized by law [including other applicable state and local public health directives], including work and study, critical infrastructure support, economic services and supply chains, health, immediate medical care, and safety and security. Californians who routinely cross state or country borders for essential travel do not need to quarantine.

Resources:

Statewide industry guidance
Sacramento County COVID-19 updates

Summary of Revisions
4/06/21: Initial version
4/21/21: Updated Public Health Order date and minor revisions