Recommended Piercing Aftercare

- 1. Always wash your hands prior to touching your piercing area. Do not touch the piercing or rotate the jewelry during the healing process.
- 2. Do not remove piercing. Wear clean, lose and breathable clothing (cotton) to avoid unnecessary friction to the newly pierced site.
- 3. Do not let piercing come in contact with another person's bodily fluids.
- 4. Never use alcohol, hydrogen peroxide or harsh soaps on the newly pierced site.
- 5. Avoid skin products containing Benzalkoniun Chloride that can cause irritation to open wound.
- 6. Gently clean pierced site with mild fragrance-free soap no more than twice a day. And dry site with clean, disposable paper towels after cleaning.
- 7. Avoid hot tubs and swimming until your piercing is healed.
- 8. Avoid direct sunlight, tanning beds, oils, and lotions. Use of other personal skin care products is not recommended.
- 9. Use a saline wound wash/rinse to assist in healing your piercing.
 - 3/8 teaspoon of non-iodine sea salt mixed with 8 oz. of clean water
- 10. Consult with a physician if prolong redness or soreness appears.
- 11. Some initial bleeding, swelling, or tenderness at the site is normal.
- 12. Signs and symptoms of infection include, but not limited to, severe redness, swelling, tenderness of the procedure site, red streaks going from the procedure site towards the heart, elevated body temperature, or purulent drainage from the procedure site. Discharge from site may be green/yellow in color and foul in odor.

CONTACT PIERCING SHOP AND SEEK MEDICAL CARE IF ANY SIGNS OR SYMPTOMS OF INFECTION DEVELOP.